

**Don't Forget Your Valentine!**  
 \*FREE DELIVERY ACROSS CANADA! \*minimum order \$60 | OLIVETHEBEST\_PORT\_MOODY | [olivethebest.ca](http://olivethebest.ca)  
 604-492-0898  
 259A Newport Drive, Port Moody  
 Newport Village  
**OLIVE THE BEST** Oils & Vinegars



## RADIO SILENCE AT TSN

Top sports station victim of Bell cuts **B5**



## A LOVE CONFECTION

Sweet treats for your sweetie **C1**

WEDNESDAY, FEBRUARY 10, 2021

SERIOUSLY WESTCOAST SINCE 1912

POSTMEDIA

NP

### CANADA

Six doses, not five: Pfizer gets OK to relabel vials **NP1**



### U.S.

Senate votes; Trump trial to proceed **NP5**



### CANNABIS

Canopy cultivates a new mantra **B1**

### STOCKS

DIY trade platforms under fire **B1**



### RECIPES

A romantic dinner made easy **C3**



\$2.38 plus GST  
 \$3.33 minimum in  
 outlying areas

# Truckers can bypass COVID tests

Border measure needless for those leading 'solitary' lives driving rigs

SUSAN LAZARUK

Mandatory COVID testing is to start at land border crossings on Monday, but the tens of thousands of truckers based in B.C. are among the essential workers who remain exempt from proving they're virus-free before they enter Canada.

Truck driver Carole Webster, who stopped to answer some questions en route to B.C. from Southern California with a load

of juice concentrate, said testing isn't necessary because most truckers are already taking precautions.

"(Trucking) is a very, very solitary life, and it's very solitary now," she said from Weed, Calif., near the end of a six-day trip with her travelling companion, Charley, a Pomeranian Chihuahua. "The only time I leave my truck is when I pick up a fuel receipt or go grab a shower."

And she knows of one trucker who won't leave his truck at all, taking sponge baths because "he's afraid of getting something and he's worried about bringing something back to his brother (who is ill). If my mom was still alive, I would be doing the same thing."

When Webster entered a public bathroom and saw there were five young women socializing, with masks that didn't cover their noses, she turned around back to her truck, "where I have a little bucket. The COVID shun, as I call it. I use the bucket more than I go into washrooms."

"You really don't want to step out of your truck," said Webster, who lives in Armstrong. She left Friday to drop off a load of Rogers flour in California before returning with the juice concentrate and two more pickups in northern Washington, and was expecting to arrive in Kelowna on Wednesday night.

As fears about the spread of new COVID variants rise, Prime Minister Justin Trudeau announced on Tuesday those on non-essential travel arriving by land will have to show a negative virus testing result done no more than 72 hours before arriving, or face a \$3,000 fine.

SEE BORDER ON **A4**



Members of the Chinese-Canadian community can't gather in restaurants for Lunar New Year feasts, so some opted to take an online class led by chef Denise Wai, who taught her Zoom audience how to make traditional fare, including turnip cake and dumplings, for dining at home. **ARLEN REDEKOP**

# Families finding creative ways to celebrate the Lunar New Year

JOANNE LEE-YOUNG

Vancouver sisters Linh Huynh Quinn and Judy Phan are in their own kitchens, watching on Zoom as chef Denise Wai sizzles minced sausage, scallops and shrimps, and gives feedback to a dozen-plus others on the call about how thick their rice-flour mixture should be.

The Zoom audience includes siblings, and parents, and grandparents with kids, both young and adult — all following along, learning how to make steamed turnip cake for Lunar New Year, which begins Feb. 12.

"All of you, can you show me your batter," calls out Wai. "Linh, I think you have to add a little bit of water."

Not being able to prepare food together or book large tables at restaurants during the pandemic is something to overcome this year.

"A lot of times, people will say, 'Well, I learned how to make this dish from my mom or grandmother,'" said Phan. "To do this (online), especially in a multi-generational way, is just fantastic."

Finding new ways also highlights the challenge every year of how to instill, from one generation to another, not only the traditions, but the values behind them, from respect for family reunion and elders to hope for abundance of fortune and fresh luck or happiness.

"As our children are getting older, getting together isn't as easy

as it used to be. Everybody's got a schedule. So by sharing of food, it's one way," said Quinn.

Phan took the online cooking class with her four-year-old son while Quinn took photos and notes for her 20-year-old son, who grew up eating turnip cake at Lunar New Year with his grandparents.

"Hopefully, even if they get really busy, they'll still find their way home," said Quinn.

"We just thought we could do something to keep people connected," said Helen Yu, a marketing executive who recently started EverythingGoesVirtual.com and organized the charity event.

SEE LUNAR ON **A2**

## SPORTS

### CANUCKS

Questions abound after disastrous road swing **B5**

### LIONS

Cousin Frank motivates new RB Cooper **B6**